



REMAINING FALL 2017 CLASSES
Starting October 11 – December 2

REGISTER NOW
www.sbccaugusoft.net

Class Dates	Class Name
Wednesday, October 11	Navigating the Medicare Maze
Wednesday, October 11 - November 8	End of the World As We Know It: Explore Post-Apocalyptic Literature
Wednesday, October 11-November 15	French 2
Thursday, October 12-26	Making Classic Cocktails at Home - Easily and Affordably
Thursday, October 12-November 16	WOW Weaving Lab
Thursday, October 12-November 16	Ole: Flamenco Dance
Thursday, October 12-November 16	Nia - Move, Feel and Heal!
Thursday, October 12-November 16	Music Times I/II
Thursday, October 12-November 16	Pequenos Cantantes - Para Padres Con Ninos 12 to 48 Meses
Saturday, October 14	Change Your Thoughts and Change Your Life with Cognitive Behavior Therapy
Saturday, October 14	Mature Driver Initial Course
Saturday, October 14	Make Aebleskivers Your New Favorite
Saturday, October 14	Invisible Spirit Friends
Saturday, October 14-21	Tarot Cards Demystified: Intermediate Practice
Tuesday, October 17-November 7	After the Fall: A Cultural History of Postwar Vietnam
Tuesday, October 17-November 21	Jewelry Soldering - Information, Focus, Practice
Tuesday, October 17-November 28	Abstract Painting
Tuesday, October 17-November 28	Russian Literature Rediscovered
Tuesday, October 17-November 28	Strength and Stability Training for Seniors
Wednesday, October 18-November 1	A Pet's Health and Well Being: Recognize, Distinguish and Resolve
Wednesday, October 18-November 8	Easy Does It Exercises
Wednesday, October 18-November 8	Writing Our Lives into Being
Wednesday, October 18-November 15	Individualized Sewing
Wednesday, October 18-November 29	Drawing from Life: Figure and Portrait with Duane Unkefer
Thursday, October 19-November 9	A Look Behind Art's Important Shifts in Style and Themes
Thursday, October 19-November 30	Abstract Painting
Thursday, October 19-November 30	Strength and Stability Training for Seniors

Friday, October 20	Notary Public Commission
Friday, October 20	Make Your Own Sugar Skulls
Friday, October 20-28	Become a Powerful Writer with Right-Brain Techniques
Friday, October 20-November 17	Assisted Watercolor and Meditative Relaxation
Friday, October 20-December 1	Elena Ferrante, The World's Foremost Modern Writer
Saturday, October 21	What's it Worth?
Saturday, October 21	Learning from Alice Keck Park Memorial Garden
Saturday, October 21	Loaves in the Stove: Bread Making for Everyone
Saturday, October 21	Dog Training and Life Skills for Our Canine Friends
Saturday, October 21	Chinese Medicine First Aid Kit: Helping Your Body to Heal
Saturday, October 21-October 28	5 Element Tai Chi: Moving Meditations for Emotional Healing
Saturday, October 21-December 2	Ego, Judgment, and Desirous Attachment
Monday, October 23	Mind & Supermind: Jack Canfield, PhD - How to Get from Where You Are to Where You Want To Be
Monday, October 23-November 13	Harmonica Blues, Movin' On
Monday, October 23-November 27	Joyful Experimentation for Curious New Artists
Monday, October 23-November 27	Modeling the Figure in Clay
Tuesday, October 24	Before You Adopt a Dog
Tuesday, October 24-November 28	Artist's Open Studio Workshop
Tuesday, October 24-November 28	Hiking Santa Barbara - Intermediate
Wednesday, October 25-November 1	The World of Small Bites: Hors d'oeuvres, Tapas, Meze, Antipasti
Wednesday, October 25-November 29	Hiking Santa Barbara
Thursday, October 26-November 30	Art a la Carte
Friday, October 27	Shrine of a Lifetime: Create a Mexican Folk Art Nicho
Saturday, October 28	Discipline Without Punishment or Rewards
Saturday, October 28	Art of Mediumship: Talking to Spirit
Saturday, October 28	Break into Voice Over
Saturday, October 28	Enjoy Sourdough Bread and Make Your Own Starter
Saturday, October 28	Dying in Grace
Monday, October 30-November 20	America's Greatest Songwriting Teams and Duos
Monday, October 30-November 27	Collage and Mixed Media Construction
Tuesday, October 31-November 28	Current Events
Wednesday, November 1-8	Become a Savvy Traveler: For Women
Wednesday, November 1-15	The Night Sky
Wednesday, November 1-29	Figure Drawing with Bob Mask

Wednesday, November 1-29	Ceramics: Beginning, Intermediate and Advanced
Wednesday, November 1-29	Feldenkrais Mat Class
Thursday, November 2-30	Figure Drawing with Bob Mask
Thursday, November 2-30	Assemblage Art Workshop
Thursday, November 2-30	Feldenkrais Mat Class
Friday, November 3-December 1	Current Events
Saturday, November 4	DIY Interior Design with Feng Shui
Saturday, November 4	Tongue Diagnosis According to Chinese Medicine
Saturday, November 4	How to Communicate Simply, Lovingly, and Effectively
Saturday, November 4	Whale Whisperer
Saturday, November 4	Enjoy Sourdough Bread and Make Your Own Starter
Saturday, November 4-11	Tarot Cards Demystified: More Advanced Practice
Saturday, November 4-18	A Pet's Health and Well Being: Recognize, Distinguish and Resolve
Saturday, November 4-18	Grant Writing Made Easy
Monday, November 6-20	Jewelry - Open Studio
Monday, November 6-November 27	Creative Casting (Tufa, Cuttlebone, Sand and Broom Casting)
Wednesday, November 8-29	Jewelry - Open Studio
Wednesday, November 8-29	Jewelry - Open Studio
Wednesday, November 8-29	Fold Formed Jewelry - Silver Bracelets
Wednesday, November 8-29	Bead Creations I: String, Crimp, Knot, Wrap and More
Saturday, November 11	SoulCollage: An Artful Path to Self-Discovery
Saturday, November 11	Comprehensive Thyroid Treatment
Tuesday, November 14	A Creole Holiday Feast
Tuesday, November 14-28	What a California Native Knows that You Need to Know
Wednesday, November 15	Easy Thanksgiving Side Dishes
Wednesday, November 15	Hollywood's Overarching Influence on the Body Politic
Saturday, November 18	Eliminate Negative Beliefs with the Phoenix Effect Process
Saturday, November 18	Dog Training and Life Skills for Our Canine Friends
Saturday, November 18	Tamales - Make Your Own
Wednesday, November 29	Beautiful Holiday Food Treats
Saturday, December 2	Fragrant Feast: Indian Vegetarian Menu
Saturday, December 2	Dog Training and Life Skills for Our Canine Friends
Saturday, December 2	Break into Voice Over
Saturday, December 2	Channeling: The Art of Accessing The Wisdom Spectrum

